

Dr. Rivera's Adventure

Dr. Roberto Rivera grew up in Queens, New York, before moving to Las Vegas. He earned his bachelor's degree in Kinesiology with a minor in biomechanics from the University of Nevada, Las Vegas. His passion for helping others stemmed from his own experiences with sports injuries at high levels of competition. These experiences inspired him to pursue a Doctorate of Chiropractic at Southern California University of Health Sciences, where he focused on techniques to prevent and treat injuries effectively.

Dr. Rivera has obtained his Certified Chiropractic Sports Physician (CCSP) credential. He aims to implement his expertise in sports medicine to integrate care for every facet of life.

Dr. Rivera's approach to patient care is holistic and personalized, emphasizing the importance of preventing injuries as much as treating them. His extensive training includes specialized techniques in sports sideline care, emergency medicine, sports rehabilitation, functional taping, and instrument-assisted soft tissue mobilization. He is dedicated to helping athletes and active individuals maintain optimal performance and recover from injuries swiftly and safely.

In his free time, Dr. Rivera enjoys a variety of activities that keep him connected to his interests and passions. He loves playing video games, which helps him unwind and stay mentally sharp. Regular exercise is a crucial part of his routine, reflecting his commitment to health and fitness. Dr. Rivera also treasures the time he spends with his family, finding balance and joy in their company.

As a sports enthusiast, Dr. Rivera is an avid fan of football, following both collegiate and NFL teams closely. He also enjoys watching basketball and baseball, staying engaged with the sports community beyond his professional commitments.

Dr. Rivera's dedication to excellence extends beyond his practice. He continuously seeks to expand his knowledge and skills, ensuring that he provides the highest quality care to his patients. Whether on the sidelines of a game or in his office, Dr. Rivera is committed to enhancing the health and performance of those he serves.